

ABC News Baltimore Channel 2

Health Care Reform One Year Anniversary: Some changes have taken place

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BALTIMORE - It's been one year since the controversial health care reform law took effect. 365 days later many Americans say they still don't know much about it. There are some big changes that have kicked in, for example adult children can stay on their parents' insurance until they turn 26-years old. Some preventive care services like mammograms and colonoscopies are free, and children cannot be denied coverage because of pre-existing conditions.

On Wednesday, to mark the one year anniversary Baltimore City Community College worked with Baltimore HealthCare Access Inc, to offer free community workshops. Everyone who showed up got free screenings for blood pressure, diabetes and other conditions. They also received information about the health care reform and changes that are still to come.

Several companies have admitted they'll be changing their insurance policies. 68% of companies who responded in a new survey say they plan to increase the employee contributions to health care plans. 35% say they're considering "spousal surcharges." Those would apply to people who chose to be on their spouses insurance even though their work offers another plan.

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